

Canton Family YMCA Winter 2021 Basketball Clinic COVID19 Adaptations.

We will be changing the format of basketball to follow the Illinois State Board of Education, Illinois Department of Commerce & Economic Opportunity and the Governor's Restore Illinois Phase 4 – Revitalization All Sports Guidelines. Basketball has been classified as a high risk sport which allows us to do practice and scrimmages but no competition and large scale playing days.

Restore Illinois Phase 4 – Revitalization All Sports Guidelines.

1. **All children and parents that are watching will need to have their temperatures checked at the start of each clinic day.** Please visit the YMCA's North Entrance Temperature testing area located at the North desk to be tested. A front desk member or your coach will take your temp. Any person with a temperature will not be allowed to participate. ***Please, if you or anyone in your family is feeling ill or experiencing any symptoms of COVID19 please stay home and wait till everyone is feeling better.***
2. **Parent viewing will be limited to 1 parent per child.** (Canton and Farmington) We need to keep our capacities low and at 25 individuals in each half court area. Chairs will be spaced out along the track if you wish to view a practice. More space will be available on the main gym balcony. **Track walkers and runners will have right of way on the track,** so please try to stay out of their way. **We do ask that if possible, you would drop your child off at the north entrance in Canton and the main entrance in Farmington no more than 5 minutes before the start of your clinic time and then pick them up after at the same entrance.** Each coach may have a different method to release your child, so please check with them if you are not sure. Of course, we expect this to be easier for the older kids. **All parents will be expected to keep 6 feet social distancing while viewing any practices or scrimmages.** Please understand If YMCA staff or coaches notice that we are above the capacity limit or social distancing is not being followed, we may need to ask you to relocate to another spot or to the balcony in the main gym.
3. **Masks will need to be worn by anyone inside the building. This includes parents and participants. The children will be expected to wear masks while practicing. I will let everyone know if and when this changes.**
4. The age groups would be split into "Clinic/Scrimmage" teams limited to no more than 10 – 12 kids per team to fall in line with our current child care licensing guidelines.
5. Each team will have a practice time/day for camp/clinic type instruction, and a 2nd day scheduled for the coach to then split the team into 2 sides and run a scrimmage game between the same kids on the team. Each week, the coach will split the team up in a different way, but still play all the clinic kids they are coaching. We will use a penny type of system to tell who is on what team. Coaches will determine what day their scrimmage will be played.
6. This style of play would be used for the entirety of 2021 basketball season.
7. Coaches will referee the scrimmage games.
8. Each child will be given a basketball to keep and use during the clinic. Please feel free to use a ball from home. We ask that each clinic participant bring the ball with them to every clinic meeting. We are providing basketballs instead of jerseys this year.
9. We will have a limited number of basketballs available if a participant should forget his or her ball. The balls will be disinfected after each usage.
10. The Y has a water bottle fill station just off the main gym. So, please bring your own water bottle as concessions will not be available. A bottle of water can be purchased at the front desk if needed.

Despite the challenges we are facing, we are grateful to be able to provide a form of basketball that meets the CDC, IDPH and state COVID safe sport guidelines. We appreciate your participation, cooperation and patience as we navigate this time of pandemic.