



WINTER 2026
Program Guide
January 5 – May 24

No Place Like this Place: There's something for everyone at the Y



Canton Family YMCA
1325 E Ash Street
Canton, IL 61520
(309) 647-1616
www.cantonfamilyymca.org



MISSION STATEMENT

The Canton Family YMCA is an association of members committed to enhancing the well-being of youth, adults, seniors and families through quality programs and facilities. The YMCA, based on Christian values, provides activities that promote healthy life styles and encourages the development of spirit, mind & body.

OUR CAUSE

At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

OUR AREAS OF FOCUS

The Y is a cause-driven organization that is for youth development, for healthy living and for social responsibility. That's because a strong community can only be achieved when we invest in our kids, our health and our neighbors.

MEMBERSHIP ASSISTANCE

We make assistance available to you and your family. We don't want anyone to be turned away. Assistance is provided through donations made to the Y's Annual Campaign. These funds will help you and your family become a member and take part in programs. Applications are available at our front desk and at www.cantonfamilyymca.org.

THE POWER OF GIVING

When you give to the Y, you continue to strengthen our community and move us all forward. Your gift will have a meaningful, enduring impact right in your own neighborhood. At the Y, no child, family or adult is turned away. We recognize that for the communities to succeed, everyone must be given the opportunity to be healthy, confident, connected and secure. Become part of something great; donate today online at www.cantonfamilyymca.org.

WINTER 2026

Program Guide
January 5 – May 24

SESSION DATES

Session 1	Jan. 5 – Feb. 8
Session 2	Feb. 9 – Mar. 15
Session 3	Mar. 16 – Apr. 19
Session 4	Apr. 20 – May 24

WINTER HOURS

Monday – Thursday	5 am – 8:30 pm
Friday	5 am – 7 pm
Saturday	7 am – 12 pm
Sunday	10 am – 2 pm

HOLIDAY HOURS

New Year's Day	Closed
Good Friday	5 am – 1 pm
Easter	Closed
Memorial Day	Closed

GENERAL INFORMATION

- **Members** please scan your membership card each time you visit the facility.
- **Non-member program participants** must sign in at the Welcome Center and are limited to the usage of their program area or the Community Room.
- **Payment is due upon registration.**
- **Register** in person, by calling 309-647-1616, or online at www.cantonfamilyymca.org.
- **Participants with an outstanding program or membership balance** may not enroll in any YMCA program until the past due amount is paid.
- **Paid registration guarantees** a space in class.
- **Class Schedules** subject to change based on interest & attendance levels.
- **Food and drink** are allowed in the community room & tumbling spectator area only.
- **The Y is not responsible for lost, damaged or stolen articles.** For lost and found contact the Welcome Center Staff.
- **The Canton Family YMCA was constructed with the highest health and safety standards.** The YMCA does not provide accident insurance for members or program participants. Each person agrees to hold the YMCA harmless for any injury incurred.
- **An annual medical exam** is recommended for all members embarking on a physical fitness program.
- **Facility Rentals:** For information on after hour use of the YMCA facility by community or individual groups call Mike Arnett at 309-647-1616.
- **Photos:** The Y reserves the right to take photos of participants for marketing purposes: brochures, publications, website and Facebook. Please let us know if you do not wish to be photographed.
- **Refund Policy:** Memberships are not refundable.

YOUTH PARTICIPATION GUIDELINES

- **Children (under age 10)** must be supervised by an adult at all times.
- **Youth Jr. High and under** are allowed in the North Activity Center when they are participating in a program, or supervised by an adult.
- **Youth Jr. High and under** must be supervised by an adult after 7:30 pm Mon - Thurs and after 6:30 pm on Friday.
- **Non-member program participants** are limited to the usage of their program area or the Community Room.
- **Y members with 24/7 access** may bring their children to the Y to use the Main Gym, Track and Community room on the weekends from 7am to 8:30pm. Children must be supervised by a parent at all times during unstaffed hours.

CODE OF CONDUCT

- **Members, guests and staff** are expected to exhibit behavior in keeping with the YMCA's character values of Caring, Honesty, Respect and Responsibility.
- **The YMCA will not tolerate** those who try to hurt or steal from others.
- **Theft or damage of property** belonging to the YMCA or its members will result in criminal prosecution.
- **Foul language**, arguing, fighting or any type of harassment is not permitted.
- **The YMCA facility and property are smoke free** environments. Smoking or tobacco usage is not permitted in the facility or on the surrounding grounds.

**Your questions are important to us.
Please contact us at 647-1616, or:**

CEO/Executive Director – Mark Sawyer
msawyer@cantonfamilyymca.org

Associate Executive Director – Carlye Beadles
cbeadles@cantonfamilyymca.org

Administrative Assistant – Trisha Shubert
trish@cantonfamilyymca.org

Program Director/Aquatics – Caleb Taylor
ctaylor@cantonfamilyymca.org

Youth Development Director – Kathy Langlais
klanglais@cantonfamilyymca.org

Tumbling/Trampoline Director – Carlye Beadles
cbeadles@cantonfamilyymca.org

Day Supervisor/Sponsorships – Lydia Painter
lpainter@cantonfamilyymca.org

Eve Supervisor/Birthday Parties – Patty Keller
pkeller@cantonfamilyymca.org

Maintenance/Rentals/Fitness – Mike Arnett
marnett@cantonfamilyymca.org

Youth Sports – Whitney Murphy
wmurphy@cantonfamilyymca.org

Preschool Director – Linda Henderson
lhenderson@cantonfamilyymca.org

Preschool – Pam Downs
pdowns@cantonfamilyymca.org

Morning Clerical Supervisor/ – Donna Breason
dbreason@cantonfamilyymca.org

SCHOOL AGE - AFTER SCHOOL CARE

FIND YOUR AFTERSCHOOL CREW



For Kids K-6th Grades

The Y's School Age Centers provide affordable, afterschool care in a safe, nurturing, active, fun environment for kids in Kindergarten – 6th Grade. The program is conveniently located on site at Eastview school (Canton School District students are provided transportation). Farmington School-Age Center is held at the elementary school.

Children participate in a balanced program of open play and structured activities, while being supervised by well trained & caring staff who teach, model & reinforce the values of Caring, Honesty, Respect & Responsibility.

Our staff provide homework assistance, lead sports, games, arts & crafts and organize special events... keeping your children safe & happy until they are picked up!

FEES:	Y Member	Non-Member
1 day	\$10	\$15
2 days	\$20	\$30
3 days	\$30	\$45
4 days	\$40	\$60
5 days	\$50	\$75
Half Day	\$20	\$25
All Day	\$28	\$35

- All families must fill out a bank draft form
- Fees may be set up to be drafted from your checking, savings or your credit/debit card, weekly, bi-weekly or monthly
- 30% discount for additional children

- Afterschool care held Monday – Friday from school dismissal until 6pm
- Canton School-Age all day programs are held 7am to 6pm on institute days, school holidays, Christmas and Spring breaks. Farmington School-Age is open all days Farmington school is in session, including early release days.
- Scheduled early dismissal days, we are staffed and ready for children (please refer to school district schedule for your area).
- Child Care Connection is accepted.

For more information contact Kathy Langlais, Youth Development Director at
klanglais@cantonfamilyymca.org or 309-647-1616.

PRESCHOOL- AGES 3-5

YMCA Preschool is more than preparing your preschooler for kindergarten. It's an adventure in learning, making friends & having fun! The YMCA Licensed Preschool program for ages 3 to 5 features centers, group activity times, hands on learning, swimming tumbling and more. There are limited openings available! Preschool follows the Canton School District schedule. Our Teachers are Linda Henderson & Pam Downs.



WORK 



**YMCA
PRESCHOOL
EXTRAS** 



Register in person, online at cantonfamilyymca.org, or call 647-1616

Questions: Contact Linda Henderson at lhenderson@cantonfamilyymca.org
or Pam Downs at pdowns@cantonfamilyymca.org

YOUTH SPORTS

SPRING SOCCER LEAGUE

Registration January 1st – March 23rd

Leagues age groups: U-5, U-7, U-10, U-13

- Age based on January 1, 2026
- Players will be provided a T-shirt
- Players will supply their own shin guards and non-metal cleats (cleats are not mandatory)
- Practices begin the week of April 6th
- Pictures are on Saturday, April 18th
- Games run April 25th – May 30th

Register By: March 23rd

Members \$44 Non-Members \$88

VOLLEYBALL LESSONS

Individual or small group instruction from Amanda Pratt for 3rd grade through High School Age.

Contact Whitney Murphy

647-1616 to sign up.

FULTON COUNTY SOCCER CLUB

The Y is proud to partner with the Fulton County Soccer Club (FCSC). FCSC gives kids in 7th-12th grades the opportunity to develop soccer skills at a higher level with US Soccer Certified coaching staff and a travel league that competes in surrounding communities.

- U15 (Junior High, Co-Ed, Fall and Spring)
- U18 (High School: Girls in Fall and Boys in Spring)

Fees include practice 2-3x/week, travel league games and possibly a tournament.

Members \$44 Non-Members \$88

Try Outs: March 14th

Games run April – Early June

For more information:

Email: fultoncountysoccerclub@gmail.com

Call/Text Andrea Phillips

(309) 255-6839

YOUTH & ADULT SPORTS

KOSHO RYU KEMPO KARATE

(YOUTH & ADULT)

Participants ages 6 & up learn self-defense through self-discipline & self control.

Instructors: Roger Fife & Randy Motsinger

Mondays: 6:30pm Saturdays 8:30am

Fees: Members \$29 Non-Member \$65



JUDO

(YOUTH & ADULT)

Develop coordination, discipline, self esteem, & group cooperation. Consists mainly of throwing, grappling, safe falling & rolling.

Instructor: Mitch Williams

Saturdays: 10:30am

Fees: Members \$15 Non-Member \$35

ADULT SPORTS

ADULT VOLLEYBALL

- Begins Tuesday, March 10th
- 6PM-8PM
- Format is open play, forming a team is not necessary.
- Fees Members Free Non Members \$5 per week

Contact Whitney Murphy

647-1616 to sign up.



Be sure to follow our
YMCA of Canton
Facebook page

TUMBLING & TRAMPOLINE

TUMBLETOTS (PARENT & TOTS)

Tumbling, motor skills & development activities are for tots ages 1-3 years old and a parent.

Mon 5:15-6:00pm Fri 10:30-11:15am

Wed 6:15-7:00pm

PRESCHOOL TUMBLING & TRAMPOLINE

Basic tumbling and tramp skills for children 3-5 years old.

Mon 6:15-7:00pm Wed 5:15-6:00pm

Tue 6:15-7:00pm Fri 11:30-12:15pm

BEGINNER

Introductory class emphasizes front & back rolls, cartwheels. Ages 5 & up.

Mon 3:45-4:30pm Tue 4:45-5:30pm

Mon 5:15-6:00pm Wed 4:30-5:15pm

ADVANCED BEGINNER

Must be able to do round-off & back roll. Learn basic tumbling plus limbering skills, backbends, introduction to flipping skills etc.

Mon 3:45-4:30pm Tue 5:30-6:15pm

Mon 5:15-6:00pm Wed 4:30-5:15pm

Tue 4:45-5:30pm

NOVICE

Must be able to do round-off & handstand. Learn front & back handsprings and begin aerial skills.

Mon 4:30-5:15pm Tue 6:15-7:00pm

Tue 4:00-4:45pm Thur 4:45-5:30pm

Tue 5:30-6:15pm

INTERMEDIATE & SUBADVANCED

Must be able to do 5 back handsprings. Learn basic aerials plus bounders and twisting.

Mon 4:30-5:15pm Tue 5:30-6:15pm

Tue 4:00-4:45pm

POWER CLASS

Novice-Intermediate-Advanced. 90 minute class gives more time to focus on technique, skills & routines for competition. Must be able to do back handspring.

Tues 7:00-8:30pm

Y Member: \$48 2nd Child: \$35

Non-Member: \$96 2nd Child: \$70

GENERAL INFORMATION

□ Pre-registration is required. Payment is due upon registration. Classes are 45 minutes long. Credit is not given for missed classes, but absences may be made up

□ Our classes help youth develop strength, flexibility, balance, coordination & self confidence in a safe, supervised environment.

□ Students learn from experienced, certified, caring instructors in our tumbling and trampoline complex! Our facility features 3 in-ground trampolines, a foam training pit, competition rod floor, 50' tumbling track & a double mini-tramp.

□ For maximum learning, students are encouraged to continue classes for the entire school year. Students enrolled for the year receive priority program placement. Awards are given in the spring.

□ Special Arrangements: Class placement exceptions & special arrangements are made by the instructor.



Be sure to follow our
YMCA of Canton
Facebook page

TUMBLING & TRAMPOLINE

Fees: 45 MINUTE CLASSES

Y Member: \$33 2nd Child \$25

Non-Member: \$66 2nd Child \$50

Additional family members must be enrolled in the same program to receive discounts.

Aquatics - Youth Development

SWIM LESSONS FOR ALL AGES

At theY, our swim lessons build skills, confidence and character. Our curriculum develops sequence-based skill sets that build on one another. Students will learn faster, be safer sooner, and progress more quickly through levels. To help you determine swim level go to www.cantonfamilyymca.org/swim-lessons and click on LESSON SELECTOR. This is a three page document that breaks down the various levels.

SWIM STARTERS

Ages 6 Months-3 Years

Parent and child lessons.

Accompanied by an adult, infants and toddlers will learn to be comfortable in the water and develop swim readiness skills through fun and confidence-building experiences, while parents learn about water safety, drowning prevention, and the importance of supervision.

A-Water Discovery: Introduces infants and toddlers to the aquatic environment.

B-Water Exploration: Focuses on exploring body positions, blowing bubbles, and fundamental safety and aquatic skills.

Class Times:

Tues/Thurs 6:15-6:45 pm

Swim Starters

Fees:

Member \$34

Community \$68



SWIM BASICS

Ages 3 Years and up

Recommended skills to have around water. Students learn personal water safety and achieve basic swimming competency by learning two benchmark skills.

1-Water Acclimation: Increases comfort with underwater exploration and introduces self-rescue skills.

2-Water Movement: Encourages forward movement in water and basic self-rescue skills.

3-Water Stamina: Develops intermediate self-rescue skills performed at longer distances than in previous stages.

Class Times:

Preschool

Tues/Thurs 5:30 – 6:00pm

School Age

Tues/Thurs 6:15-6:45 pm

Swim Basics

Fees:

Members \$39

Community \$78

SWIM STROKES

Ages 5 Years and up

Skills to support a healthy lifestyle. Having mastered the basics, students of any age learn additional water safety skills and build stroke technique, developing skills that foster a lifetime of physical activity.

4-Stroke Introduction: Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

5-Stroke Development: Introduces breaststroke and butterfly and reinforces water safety through treading water and sidestroke.

6-Stroke Mechanics: Reinforces stroke technique on all major competitive strokes and encourages swimming as part of a healthy lifestyle.

Class Times:

Tues/Thurs 5:30-6:15 pm

Swim Basics

Fees:

Members \$39

Community \$78

Aquatics - Healthy Living

Winter 2026 POOLSCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open / Lap Swim 5:15-9:00 am	Adult Open / Lap Swim 5:15-9:00 am Aqua Power 6:00-7:00am	Adult Open / Lap Swim 5:15-9:00 am	Adult Open / Lap Swim 5:15-9:00 am Aqua Power 6:00-7:00am	Adult Open / Lap Swim 5:15-9:00 am	Open Swim 8:00-11:00am	Open Swim 10:30-1:30pm
Aquarobics 9:00-9:50am	Open Aquarobics 9:00-9:50am	Aquarobics 9:00-9:50am	Open Aquarobics 9:00-9:50am	Aquarobics 9:00-9:50am	<p>Schedule is subject to change.</p> <p>Watch our website: cantonfamilyymca.org</p>	
Open Swim 10:00-3:30pm	Open Swim 10:00-1:00pm	Open Swim 10:00-3:30pm	Open Swim 10:00-1:00pm	Open Swim 10:00-3:30pm		
	Pool Closed 1:00-3:30pm		Pool Closed 1:00-3:30pm			
Swim Team 3:30-5:45pm	Swim Team 3:30-5:45pm	Swim Team 3:30-5:45pm	Swim Team 3:30-5:45pm	Swim Team 3:30-5:45pm	<p>Call us at: 309-647-1616</p>	
Open Swim 5:30-8:00pm	Swim Lessons 5:30-7:00pm	Open Swim 5:30-8:00pm	Swim Lessons 5:30-7:00pm	Open Swim 5:30-6:30pm		
Aqua Power 6:30-7:30pm Begins 2/9/2026	Open Swim 7:00-8:00pm	*Aqua Power 6:30-7:30pm Begins 2/11/2026*	Open Swim 7:00-8:00pm			

Schedule is subject to change; watch our website, www.cantonfamilyymca.org, and Facebook for updates.

One lap lane will be available, except during swim team.

Open Aquarobics - Is set time for Aquatic Fitness Participants **without** an instructor.

Aqua Power M/W 6:30-7:30pm begins the week of February 9, 2026



Questions? Contact Program Director Caleb Taylor at ctaylor@cantonfamilyymca.org.

Aquatics - Healthy Living

PRE-COMPETITIVE/CONDITIONING

This class provides specialized instruction and training for competitive swimming, skill development, athletic training and physical endurance. Requires Aquatics Director's approval. Instructor: Head Coach Caleb Taylor.

Class Times: 45 minutes Tues/Thurs 5:30-6:15 pm

Fees: \$39 Members/\$78 Community

CUDAS SWIM TEAM

The Canton Y Barracudas, alias Can-Y-Cudas or Cudas, is a team which accommodates all swimmers from those who have recently learned to swim to national qualifiers. **Ages range from 5 to 18 years of age.** We strive for quality instruction and workouts, which suit each swimmer's abilities and goals. Short Course Season is October 1st-Mid March.

For more information on becoming part of the team or various swimming levels go to our website, cantonfamilyymca.org/cudas- swim-team, or contact our Head Coach, Program Director, Caleb Taylor, 647-1616 or



PRIVATE LESSONS PRIVATE LESSONS

Adult, children & family 5-30 minute lessons are available.

Private Lesson Fees: Per Swimmer

	Member	Non-Member
1 Swimmer	\$100	\$200
2 Swimmer	\$75	\$150
3 Swimmer	\$45	\$90

WATER FITNESS PASS FEES:

Y MEMBER- FREE

Non-Member: 2 day/week- \$55

3 day/week- \$67

Daily Drop in- \$10

Unlimited- \$76

AQUAROBICS

This class uses easy to follow aerobic exercises, occasionally adding foam barbells and noodles for a fun way to get a great calorie burning, muscle toning workout.

M/W/F 9:00 – 9:50am

OPEN AQUAROBICS

Open Aquatics - is set time for Aquatics Fitness participants without an instructor.

T/TH 9:00 – 9:50am

AQUA POWER

High-energy water exercise class that blends strength, cardio and resistance training for a full-body workout. Provides low impact on the joints, designed for all fitness levels as participants can create the resistance and cardio they need. It delivers a fun powerful way to build endurance and strength while having fun in the water listening to a variety of music to keep the class engaging.

T/TH 6:00AM-7:00AM with Lacey Neal

Begin January 6, 2026

M/W 6:30PM-7:30PM with Jerika Hartsock

Begins February 9, 2026

WATER FITNESS

AQUAROBICS

This class uses easy to follow aerobic exercises, occasionally adding foam barbells and noodles for a fun way to get a great calorie burning, muscle toning workout.

M/W/F 9:00 - 9:50am



OPEN AQUAROBICS

Open Aquatics - is set time for Aquatics Fitness participants without an instructor.

T/TH 9:00 - 9:50am

AQUA POWER

High-energy water exercise class that blends strength, cardio and resistance training for a full-body workout. Provides low impact on the joints, designed for all fitness levels as participants can create the resistance and cardio they need. It delivers a fun powerful way to build endurance and strength while having fun in the water listening to a variety of music to keep the class engaging.

T/TH 6:00AM-7:00AM with Lacey Neal- Begins Jan 6, 2026

M/W 6:30PM-7:30PM with Jerika Hartsock- Begins Feb. 9, 2026



WATER FITNESS PASS FEES:

Y MEMBER- FREE

Non-Members:

2 days a week \$55	Daily Drop In \$10
3 day a week \$67	Unlimited \$76

Contact Caleb Taylor, Program Director,
309-647-1616 or ctaylor@cantonfamilyymca.org for more
information on
Private or Semi Private Lessons,
Water Fitness and Lifeguard Training.

SILVERSNEAKERS FITNESS

SILVERSNEAKERS CLASSIC Thursday 10:15am

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

SILVERSNEAKERS CIRCUIT Mon/Wed 8:00am & 10:15am

Combine fun and fitness to increase your cardiovascular and muscular endurance with a standing circuit workout. Upper body strength work using hand-held weights, elastic tubing with handles, and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, head to toe stretching, and complete relaxation in a comfortable position.

SILVERSNEAKERS YOGA Tues 10:15am & Fri 10:15am

Yoga will move your whole body through a complete series of seated & standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, & range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.



**Fitness Pass Fees:
Members FREE**

Non-Members: 5 week classes
2 days a week \$55
3 days a week \$67
Unlimited \$76
Drop in \$10

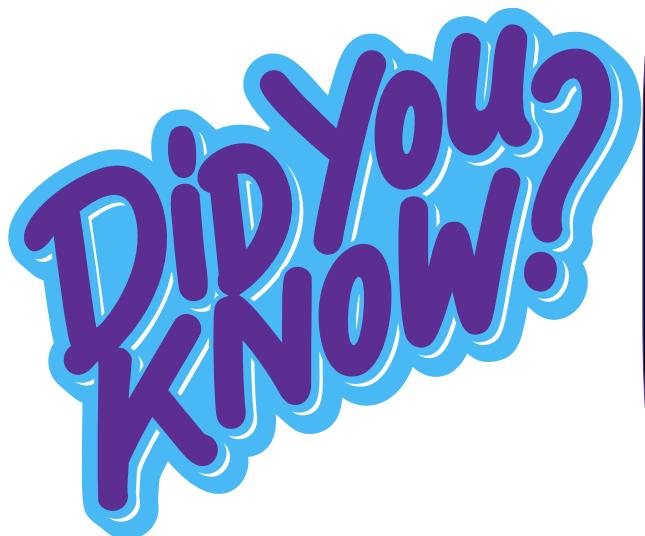
Instructors: Sue Maurice, Whitney Murphy, Lisa Davis, Ann Ackerman

Most classes can be done by any level of participant, and modifications can be made. Does your insurance cover Senior Fitness? See the Customer Service Desk or call us at 309-647-1616 for more information on insurance and senior fitness.

Additional information can be found online at silversneakers.com.

FITNESS CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 – 6:00 AM	KETTLEBELLS STAFF		KETTLEBELLS STAFF		KETTLEBELLS STAFF
8:00 – 9:00 AM	SILVERSNEAKERS CIRCUIT		SILVERSNEAKERS CIRCUIT		
8:30 – 9:15 AM		KETTLEBELLS SUE		KETTLEBELLS SUE	
8:30 – 9:15 AM		YOGA LAUREN		YOGA LAUREN	
9:00 – 10:00 AM					TAI CHI MITCH
9:15 – 9:45 AM	PILATES LAUREN		PILATES LAUREN		
10:15 – 11:00 AM	SILVERSNEAKERS CIRCUIT	SILVERSNEAKERS YOGA	SILVERSNEAKERS CIRCUIT	SILVERSNEAKERS CLASIC	SILVERSNEAKERS YOGA
6:00 – 6:45 PM			SHRED JULIE		



There are also additional fitness classes HIIT & Cardio Pilates that have a weekly rotating schedule.

There are water fitness class options too, Aqua Power & Aquarobics. Be sure to check out the water fitness schedule.



Birthday Parties

More Party, Less Work! Have a birthday party at the Y!

YOU PROVIDE: the cake, food, beverages, decorations and adult supervision

CHOOSE YOUR PARTY For 12 Children (Additional Children \$5 Each)

FEES: Y Members \$90 Non-Members \$115

POOL 2 HOUR PARTY

Party time includes:

1 hour of swim and 1 hour of cake and presents. Get ready to make a splash! Kids will have a blast playing in the water, testing their handstands skills, or just having fun playing with their friends in a fun and safe way.



TUMBLING & TRAMPOLINE 90 MINUTE PARTY

Party time includes:

90 minutes of jumping, cake and presents. Bring your friends to tumble, bounce and leap into our foam pit! It's all in our Tumbling Center. Fun music, tumble track, trampoline and great staff makes our tumbling parties a birthday to remember!



Contact Patty to schedule your party at pkeller@cantonfamilyymca.org or 647-1616



Celebrate a special occasion and give the gift of good health. Consider giving a Y Gift Certificate that can be used toward all Y Programs and Memberships. Available in all denominations at our customer service desk.

HERITAGE CLUB “Continuing the Tradition”

PURPOSE - The purpose of the Heritage Club is to encourage thoughtful estate planning gifts as a primary means of building a strong endowment capable of providing lasting support for the Y's mission to continue its service for generations.

MAKING A GIFT - Some of the planned gifts are through a will or living trust, gifts of life insurance, pension plan gifts or IRA gifts. Gifts of personal property, appreciated assets or securities may also be given.

TRADITION - Our YMCA is built on tradition and has been a cornerstone member of our community for over a century. It has been able to meet the community's needs in the past and will also well into the future. Imagine the Y a generation from now. What might the YMCA accomplish if we all show our support today? What other investment would yield such a great return?

JOIN THE YMCA

Y MEMBERSHIP

The Canton Family YMCA is an association of members committed to enhancing the well-being of youth, adults, seniors and families through quality programs and facilities. The YMCA based on Christian values, provides activities that promote healthy lifestyles, and encourages the development of spirit, mind & body.

Members receive discounts on all classes plus free land and water fitness programs. The Y offers a variety of classes and programs for all ages. There are many ways to register for programs and classes. You may call in, come in, or enroll online at www.cantonfamilyymca.org. See our program brochure online, for a complete listing of all programs.

A YMCA Membership gives you so much more than access to our facility. It helps you lead a healthier life-by building relationships, providing a way for you to be part of your community, helping you help others - not to mention the great workout you get through our programs and equipment. A YMCA membership sets you on the path to good health, helping you to enjoy living a full and balanced life.

MEMBERSHIP BENEFITS INCLUDE

- Free group fitness classes
- 5 + hours open swim time daily
- Adult lap swim available, see Pool Schedule (<https://cantonfamilyymca.org/pool-schedule>)
- 3 Weight Rooms (STRIVE, Olympic Weight Room, and Life Center)
- Free tennis & racquet-ball court time Mon-Fri till 3 pm
- Newly renovated 1/10 mile indoor track
- Free use of Community Room
- 6 lane Pool, Jacuzzi and Sauna
- 2 gyms with 2 basketball half courts each
- Discounted programs for kids and adults. Use of other YMCAs across the U. S.
- 24-hour access to the Y's Life Center, Olympic Weight Room, Main Gym, Track & Community Room for members who are 18 years of age and older.

FEES AND PAYMENT PLANS

- **Monthly Bank Draft** - Your monthly payment may be drafted from your checking, savings, or credit card the 1st or the 15th of the month.
- **Annual Payment** - Pay memberships in full by cash, check, or debit or credit card.
- **Two Payment Plan** - Pay 1/2 your membership fee at sign up with the balance due in 60 days.

<u>TYPE</u>	<u>DESCRIPTION</u>	<u>MONTHLY</u>	<u>ANNUAL & 2 PAY</u>
YOUTH	6 - 11 YRS	\$25.75	\$309
STUDENT	12 - 18 YRS (HIGH SCHOOL)	\$29.75	\$357
ADULT	18 (OUT OF HIGH SCHOOL) - 64 YRS	\$60.25	\$723
COUPLES	INCLUDES 2 ADULTS	\$74.50	\$894
SINGLE PARENT	INCLUDES *CHILDREN UNDER 23 YRS	\$74.75	\$897
FAMILY	INCLUDES *CHILDREN UNDER 23 YRS	\$84.25	\$1,011
SENIOR	65 YRS AND UP	\$55.25	\$663

***Students who are out of high school must be attending college full time.**