

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open/ Lap Swim 5:15-9:00 am	Adult Open/ Lap Swim 5:15-9:00 am	Adult Open/ Lap Swim 5:15-9:00 am	Adult Open/ Lap Swim 5:15-9:00 am	Adult Open/ Lap Swim 5:15-9:00 am	Open Swim 8:00- 11:00am	Open Swim 10:30-1:30pm
Aquarobics 9:00 - 10 am	Open Aquarobics 9:00 - 9:50am	Aquarobics 9:00 - 10 am	Open Aquarobics 9:00 - 9:50 am	Aquarobics 9:00 - 10 am	<p>Questions? Contact Program Director Caleb Taylor at 309-647-1616. or email him at ctaylorcantonfamilyymca.org</p>	
	Swim Lessons 9 - 11:30am		Swim Lessons 9 - 11:30am			
Open Swim 10am - 4pm	Open Swim 11:30am - 4pm	Open Swim 10am - 4pm	Open Swim 11:30am - 4pm	Open Swim 10am - 4pm		
	Swim Team 4 - 5pm		Swim Team 4 - 5pm			
	Swim Lessons 5:30 - 7pm		Swim Lessons 5:30 - 7pm			
		Open Swim 4:00 - 8pm	Open Swim 7:00 - 8pm	Open Swim 4 - 6:30pm		
Open Swim 4:00 - 8pm	Open Swim 7:00 - 8pm					

- Schedule is subject to change; watch our website, www.cantonfamilyymca.org, and Facebook for updates.
- One lap lane will be available, except during swim team.
- Open Aquarobics – Is set time for Aquatic Fitness Participants **without** an instructor.